



Hut to Hut Trek Packing List

AdventuresWithinReach.com/packing

Print this itinerary and bring it with you on your trip. You will need it to pack the day before your trek. Basically, you need 1 set of clothes for hiking + 1 set of clean clothes for evenings, regardless of the trip length. Remember to layer your clothes!

Clothing (Includes what you are wearing)

- 1 - Long hiking pants, zip-off legs helpful
- 1 - Short-sleeved shirts
- 1 - Long-sleeved shirts
- # - Undergarments
- 1 - Bra + Sports bra (women)
- 1 - Belt
- 1 - Sun hat
- 1 - Bandana
- 1 - Long pants for dinner
- 1 - Long-sleeved shirt for dinner
- 1 - Pajamas (wear down hall to toilet)

Cold Weather Clothing

- 1 - Light down or thick fleece jacket
- 1 - Waterproof shell/Rain jacket
- 1 - Waterproof pants
- 1 - Thin gloves
- 1 - Thin hat
- 1 - Buff/thin neck gaiter

Footwear

- 1 - Hiking boots, waterproof
- 1 - Tennis shoes/slippers/sandals for evening
- 2 - Hiking socks

Other

- Water bottles, Camelbak for pack
- Trekking poles
- Sunglasses
- Book, cards
- Snacks/candy (also to share)
- Hiking Notes, maps, pen

Dorm in Rifugio (not needed for private rooms)

- Bed sheet/silk + pillow case
- Small travel towel
- Ear plugs, eye mask

Baggage

- Backpack with rain cover (30-40 liters)
- Dry bags/ziplocs for storing gear
- Duffel bag no wheels for transfer (65 liters)
(Tour du Mont Blanc, Haute Route)

Electronics

- Headlamp/flashlight
- Cell Phone + charger
- Camera, memory disks, batteries, charger
- Converter plug

Toiletries

- Shampoo, soap
- Toothbrush and toothpaste
- Deodorant
- Moist Towelettes
- Hand sanitizer
- Lotion
- Sunscreen
- Lip balm with sunscreen
- Hairbrush, comb
- Kleenex
- Sewing kit

First Aid Kit

- Prescription drugs
- Pain reliever, antihistamines
- Band-Aids, disinfectant, blister tape
- Throat lozenges
- Blister tape, moleskin